



CARE *and*
COUNSELING

Hope and Healing

ANNOUNCING A NEW INTRODUCTORY GROUP

FAITH AND FAMILY OF ORIGIN FOR CLERGY & THERAPISTS



MEETING DATES:

SEPTEMBER 12, 2019
OCTOBER 3, 2019
NOVEMBER 14, 2019
DECEMBER 12, 2019
JANUARY 9, 2020
FEBRUARY 13, 2020

Facilitated by The Rev. Amy Bertschausen, Executive Director at Care and Counseling and The Rev. Dale Kuhn, MA, MDiv, STM, LCSW, Director of The Thelma and David Steward Clergy and Congregational Care Program, this group is designed for helping professionals—especially clergy and therapists—to identify and understand how the interface of their family of origin experiences with their professional functioning can help and/or impede their work and family lives.

We will look at the participant's family genogram and understand the family's traumas, myths and rules and their impact on the anxiety levels of the participant and the participant's ability to lead and effectively function.

Family strategies will be considered as will be differentiated responses in anxious professional settings. There will be readings, discussions and review of difficult professional situations at each four-hour meeting.

The group will meet from 12:30-4:30pm once a month for six months, beginning on Thursday, September 12 at Care and Counseling, 12141 Ladue Rd. The cost of the six-month introductory group is \$400 and space is limited to 8 people.

After the six-month introductory unit, those wishing to continue will meet on mutually agreed upon dates every six to eight weeks for four-hour sessions. The cost of the ongoing group is \$65/session.

For questions or more information, please contact Amy Bertschausen at abertschausen@careandcounseling.org

