

## Caregiving statistics

More than 65 million people, 30% of the U.S. population, provide care for a chronically ill, disabled, or aged family member or friend during any given year.

Caregivers spend an average of 20 hours per week providing care for their loved one.

Approximately 66% of family caregivers are women.

More than 37% have children or grandchildren under 18 years old living with them.

78% of adults living in the community and in need of long-term care depend on family and friends as their only source of help.

Up to 70% of family caregivers manage medications for their loved ones.

Six in 10 family caregivers are employed.

51% of care recipients live in their own home, 29% live with their family caregiver, and 4% live in nursing homes and assisted living.

Family caregivers are the foundation of long-term care nationwide, exceeding Medicaid long-term care spending in all states.