

[Alzheimer's Disease and music memory](#) on NPR's "To the Best of Our Knowledge".
Cultivating Resilience - [Helpful Scripture Passages](#)

[Encouragement for Caregivers](#): Six Bible Verses to Give You Strength for Your Care Giving Journey

[Ten Scriptures of Encouragement for Caregivers](#)

[Keeping a Caregiver Spirits High During the Coronavirus Outbreak](#)

AARP – [How Family Caregivers Can Keep Loved Ones Active at Home During Coronavirus Outbreak](#)

Alzheimer's Association – [Virtual and In-Home Activities for Persons with Alzheimer's or Dementia, Caregivers, and Others Amid Coronavirus Outbreak](#)

Dementia Action Alliance: [COVID-19 Resource Center](#)

Three Good Things Caregivers Can Do Now from [VitalTalk](#)

[Perspectives](#) on caregiving

The caregiving family, by the [numbers](#)

Caregiving [ideas and comments](#)

A caregiving husband's [poem](#)

Online caregiver [support groups](#)

Alzheimer's caregiver [videos](#)

Caregiver [stories](#)

[Coping](#) as a caregiver

Five calming [techniques](#) for caregivers

Three-minute [meditation](#) for caregivers

[National Alzheimer's and Dementia Resource Center \(NADRC\)](#)

[MIT Age Lab](#)

[MIT Caregiving and Wellbeing](#)

Book: ["Finding the Joy in Alzheimer's" by Brenda Avadian](#)

Book: ["Finding the Joy in Alzheimer's When Tears are Dried with Laughter" by Brenda Avadian](#)

[American Society on Aging Toolkit to Explore Ageism in the US](#)

[Adjustments to Institutional or Group Living](#)

[Finding Solutions, Making Decisions](#)

[Giving Care to a Caregiver](#)

[Tips for Making Hospital Visits](#)

[Accessing Caregiving Resources](#)